

The Sutter Health Plus Network

Access to care when and where you need it



With the Sutter Health Plus network, you can take advantage of conveniently located neighborhood offices, care centers and facilities in your community. This includes access to high-quality primary care doctors, specialists, labs and diagnostic imaging centers, Sutter Walk-In Care, urgent care centers, hospitals and other health care services.

To view all providers and facilities in the service area, please visit sutterhealthplus.org/providersearch.



Online Member Tools

Member Portal - shplus.org/memberportal

Health and Wellness Site - *available through the member portal*

Pharmacy Portal - express-scripts.com

My Health Online - mho.sutterhealth.org

If your PCP does not participate in My Health Online, your functionality is limited.

Hospitals

BAY AREA

ALAMEDA COUNTY

**Alta Bates Summit Medical Center
– Alta Bates Campus**
Berkeley

**Alta Bates Summit Medical Center
– Summit Campus**
Oakland

Children's Hospital Oakland

Eden Medical Center
Castro Valley

ValleyCare Medical Center
Pleasanton

CONTRA COSTA COUNTY

Sutter Delta Medical Center
Antioch

**San Ramon Regional Medical
Center**

SAN FRANCISCO COUNTY

**California Pacific Medical Center
– Davies Campus**
San Francisco

**California Pacific Medical Center
– Mission Bernal Campus**
San Francisco

**California Pacific Medical Center
– Van Ness Campus**
San Francisco

SAN MATEO COUNTY

Mills-Peninsula Medical Center
Burlingame

Sequoia Hospital
Redwood City

SANTA CLARA COUNTY

El Camino Hospital Los Gatos

El Camino Hospital Mountain View

Lucile Packard Children's Hospital
Palo Alto

SANTA CRUZ COUNTY

Dominican Hospital
Santa Cruz

Sutter Maternity & Surgery Center
Santa Cruz

Watsonville Community Hospital

SONOMA COUNTY

Novato Community Hospital
Serving southern Sonoma County

**Sutter Santa Rosa Regional
Hospital**

VALLEY AREA

PLACER COUNTY

Sutter Auburn Faith Hospital

Sutter Roseville Medical Center

SACRAMENTO COUNTY

Sutter Medical Center, Sacramento

SAN JOAQUIN COUNTY

Dameron Hospital
Stockton

St. Joseph's Medical Center
Stockton

Sutter Tracy Hospital

SOLANO COUNTY

Sutter Solano Medical Center
Vallejo

STANISLAUS COUNTY

Memorial Medical Center
Modesto

YOLO COUNTY

Sutter Davis Hospital

Affiliated Medical Groups

When you choose a primary care physician (PCP), you are also choosing the PCP's affiliated medical group. Your PCP refers you, as needed, for specialty care, X-ray, laboratory and other services. Many covered services, including visits to a specialist, require a referral or prior authorization from your medical group. Your PCP will refer you in-network for most services. If services aren't available, your PCP will refer you for out-of-network services and will request authorizations when necessary.

BAY AREA

Affinity Medical Group

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

Brown & Toland Physicians**

San Francisco County

Dignity Health Medical Group -Dominican

Santa Cruz County

Mills-Peninsula Network*

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

Palo Alto Medical Foundation**

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

Sutter East Bay Medical Foundation**

Alameda and Contra Costa Counties

Sutter Medical Group of the Redwoods*

Sonoma County

Sutter Pacific Medical Foundation – West Bay*

San Francisco County

VALLEY AREA

Sutter Gould Medical Foundation*

San Joaquin and Stanislaus Counties

Sutter Independent Physicians*

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

Sutter Medical Group**

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

Sutter Medical Group – Solano*

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

* Select providers offer My Health Online

**Offers My Health Online

† Specialist physician services only as of Jan. 1, 2021. These physicians may be available by referral from your PCP and authorization from your medical group.

Accessing Care



Care Centers

In many communities, you may have access to multispecialty outpatient care centers that provide a wide variety of services—all under one roof. Services available may include:

- Primary care
- Lab
- Specialty care
- X-ray

SAME-DAY CARE



Video Visits

Members have access to video visits through their My Health Online account.

- **With a Primary Care Physician (PCP)**

Video visits with a PCP* are available to members ages three-months and older. Check with your PCP on availability and hours.

- **With a Sutter Provider**

All members ages 18 months and older have access to video visits from 8 a.m. to 8 p.m. daily with a provider at Sutter.

For more information visit, sutterhealth.org/video-visits.



Sutter Walk-In Care

In select areas, you have access to Sutter Walk-In Care, with same-day visits for simple, everyday health needs:

- Colds, flu and strep throat
- Allergies, ear and sinus infections
- Sprains and strains
- Flu shots and other immunizations

For a list of Sutter Walk-In Care locations near you, visit sutterhealthplus.org/walk-in.



Urgent Care

You have convenient access to urgent care services**, offering timely care for unforeseen illnesses or injuries requiring immediate attention, including:

- Mild to moderate asthma attacks
- Moderate injuries such as burns or breaks
- Moderate illnesses such as vomiting, fever and diarrhea

For a list of urgent care centers near you, visit sutterhealthplus.org/urgent.



Hospital Care

You have access to a comprehensive network of hospitals providing 24/7 emergency care** and a variety of outpatient and acute care services,*** including:

- Cancer
- Cardiology
- Neonatal
- Neurosurgery
- Orthopedic
- Rehabilitation
- Surgical
- Trauma
- Women's and children's

For a list of hospitals near you, visit sutterhealthplus.org/providersearch.

* Log in to your MHO account to see if your PCP offers video visits. If your provider doesn't participate in MHO or you're a new patient, please contact your PCP's office for video visit options.

** Coverage includes worldwide out-of-area urgent and emergency care.

***For non-emergency care, you can access hospital services through a referral or prior authorization through your primary care physician.